



**UNIVERSITY HOSPITAL**  
Newark, New Jersey

**COVID-19**

**WEEKLY BRIEFING**

**6/10/2020**

Confirmed COVID-19 Patients currently at UH

12

COVID-19 Patients Discharged Since April 1<sup>st</sup>

544

**COVID-19**

**WEEKLY BRIEFING**

**Webinar Today at 10 AM -  
*Operational Stress Management During Crisis***



In this continually evolving crisis, there is no blueprint of what lays ahead. Instead, there is the burden concerning the unknown, uncertainty and confusion. Guided by experts in the field of trauma and resilience, and led by members of the New Jersey health community, this session will emphasize the need for self-care and will provide tools to help avoid burnout during these

unprecedented times. This webinar is specially designed for health professionals in the State of New Jersey.

**Topics will include:**

- Managing the transition from work to home
- Coping with anxious community members
- Dealing with quarantine and its fatigue
- Tools for recharging after a tough shift
- Setting limits
- The power of rituals

**Date: Wednesday, June 10, 2020, at 10:00AM**

Participants can join via Zoom or phone:

- Zoom Meeting ID: 263 929 7241
- Direct Link to the Zoom meeting:  
<https://us02web.zoom.us/j/2639297241>

- Phone Access: 646 558 8656

## COVID-19 WEEKLY BRIEFING

### Asymptomatic Testing Now Available at UH



University Hospital is now offering COVID-19 testing to any New Jersey resident who wants to be tested, including those who are not demonstrating typical COVID-19

symptoms.

This is the latest step in University Hospital's [Care Around the Clock](#) program, which exists to protect patients and the public, as well as encourage them to return to the hospital for necessary care.

Individuals will not be required to pay for these services out of pocket. Rather, University Hospital will direct claims for payment to patients' insurance or existing governmental sources for payment of uninsured COVID-19 claims.

**Testing will be offered at the Ambulatory Care Center, located at 140 Bergen Street in Newark. An appointment is necessary. Individuals wishing to be tested can call to make an appointment at (973)972-9000.**

## COVID-19 WEEKLY BRIEFING

### The Pandemic and Mental Health - Telephone Hotline



For NJMS-UH-UPA faculty & staff who are experiencing stress, worry, or health anxiety. NJMS Psychiatry is launching a telephone support service during these times of health crisis. If you need a call back for a brief telephone call to get support and guidance please contact: [Stress.Anxiety@njms.rutgers.edu](mailto:Stress.Anxiety@njms.rutgers.edu) and leave your name, telephone number, and best time to call.

For more resources, please visit [NJMS.Rutgers.edu/Psychiatry](https://NJMS.Rutgers.edu/Psychiatry).

## COVID-19 WEEKLY BRIEFING

### Joint Commission Preparations



As a result of the COVID-19 surge, The Joint Commission suspended all of its hospital certification surveys. At the time, University Hospital was expecting our

recertification review within days. **Now that our region is past the surge, this survey could now be rescheduled as early as next month.**

It is essential that we all diligently resume these preparations. If you see a potential violation, alert your supervisor or do what you can to correct it.

## COVID-19

WEEKLY BRIEFING

### Vacation Time Reminder

The previous restrictions on using vacation and float holiday time have ended. Vacation requests which had been approved for July 1st and later will be honored without the employee having to take any further action. Should a staff member wish to cancel such an approved time off request, they should do so before June 12<sup>th</sup>.

## COVID-19

WEEKLY BRIEFING

### Extended Hours at Newark Whole Foods Market



The local Whole Foods Market (633 Broad Street) has extended its hours to 8 PM daily to help accommodate essential workers.

Essential workers can show their University Hospital ID to expedite their place in line to get in to Whole Foods.

## COVID-19

WEEKLY BRIEFING

### Staff with Suspected COVID-19

- Management and staff are reminded that employees who are suffering from COVID-19 suspected symptoms, are not examined, tested, or treated by Employee Health.
- Instead, those staff should be directed to contact their PCP. For staff without a PCP, the UH Emergency Department and Ambulatory Medicine Clinic are open to the public and available to staff as well.
- Before visiting the Ambulatory Medicine Clinic, staff should first call the ACC Triage Nurse Line at (973)714-0005.
- Staff with confirmed or suspected COVID-19, should still call Employee Health at x2-3066 to report their symptoms.

## COVID-19

WEEKLY BRIEFING

### Important Reminders

**Office Cleaning:** EVS has suspended cleaning of individual offices. Garbage bins that need to be emptied should be left outside of offices.

**Dress Code:** Staff should dress in business casual clothing that can be washed at home, and that is neat and appropriate to the workplace.

**Virtual Chapel:** The UH Chapel has made available various virtual experiences. The schedule is available [here](#).

**COVID-19**  
WEEKLY BRIEFING

## Resources & Contact Numbers

**NJ COVID-19 INFORMATION HUB:** <https://covid19.nj.gov/>

**NJ 24/7 COVID-19 HOTLINE:** Call 2-1-1 or (800)962-1253, or text NJCOVID to 898-211.

**SYMPTOMATIC UH & NJMS STAFF SEEKING COVID-19 TESTING:** Call (973)714-0005.

**UH STAFF WITH CONFIRMED OR SUSPECTED COVID-19:** Call Employee Health at x2-3066.

**PEER 2 PEER SUPPORT:** Monday - Friday @ 3PM. Details [here](#).

**SUPPORTIVE SERVICES:** Contact NJMS Psychiatry's telephone support service for staff at [Stress.Anxiety@njms.rutgers.edu](mailto:Stress.Anxiety@njms.rutgers.edu).

**COVID-19**  
WEEKLY BRIEFING

## Follow us on Social Media



@UniversityHospitalNewark



@UnivHospNewark



University Hospital



University\_Hospital\_Newark

Copyright © University Hospital Newark, NJ. All Rights Reserved.  
University Hospital [150 Bergen St, Newark, NJ 07103](#) • [\(973\) 972-4300](tel:(973)972-4300)